

## POISON IN THE ASHES

What the Mt. Lebanon Shakers Found—Incident in the History of a Quiet Community.

The Mount Lebanon (New York) Shakers are a quiet community, secluded from the fret and worry of the outside world. They are widely known, however, for their strict honor and probity in business.

The Shakers believe that nature has a remedy for every disease. A few have been found—the rest are as yet unknown. Many were discovered by accident. Others came to light as the result of patient experiment and research.

Nervous Dyspepsia is a comparatively new disease, growing out of the conditions of modern life. It is a joint affection of the digestive organs and of the nervous system. These two were formerly treated as separate ailments, and it was left for the clear-sighted Shakers to prove that the basis of this terrible and often fatal complication lies chiefly in the disordered and depraved functions of digestion and nutrition. They reasoned thus:—"If we can induce the stomach to do its work, and stimulate the excretory organs to drive out of the body the poisonous waste matters which remain after the life-giving elements of the food have been absorbed, we shall have conquered Nervous Dyspepsia and Nervous Exhaustion. And they were right. Knowing the infallible power of Shaker Extract (Seigel's Syrup) in less complicated though similar diseases, they resolved to test it fully in this. To leave no ground for doubt they prescribed the remedy in hundreds of cases which had been pronounced incurable—with perfect success in every instance where their directions as to living and diet were scrupulously followed. Nervous Dyspepsia and Exhaustion is a peculiarly American disease. To a greater or less extent half the people of this country suffer from it—both sexes and all ages. In no country in the world are there so many insane asylums filled to overflowing, all resulting from this alarming disease. Its leading symptoms are these: Frequent or continual headache; a dull pain at the base of the brain; bad breath; nervous eructations; the rising of sour and pungent fluids to the throat; a sense of oppression and faintness at the pit of the stomach; flatulence; wakefulness and loss of sleep; disgust with food even when weak from the need of it; sticky or slimy matter on the teeth or in the mouth, especially on rising in the morning; furred and coated tongue; dull eyes; cold hands and feet; constipation; dry or rough skin; inability to fix the mind on any labor calling for continuous attention; and oppressive and sad forebodings and fears.

All this terrible "group Shaker Extract (Seigel's Syrup) removes by its positive, powerful, direct yet painless and gentle action upon the functions of digestion and assimilation. Those elements of the food that build up and strengthen the system are sent upon their mission, while all waste matters (the ashes of life's fire) which unremoved, poison and kill, are expelled from the body through the bowels, kidneys and skin. The weak and prostrated nerves are quieted, toned and fed by the purified blood. As the result, health, with its enjoyments, blessings and power, returns to the sufferer who had, perhaps, abandoned all hope of ever seeing another well day.

While prices are down, we shall be pleased to hear from our friends and customers, and suggest that now is the time to put in your orders for our NEW and IMPROVED

## Notice.

It must be evident to every one that prices on manufactured goods are advancing—points to this effect have been gained in this direction on every hand, as every one is aware, who looks after these matters.

Yours truly  
WEIRICK & WELLER.

Nourishment in an Egg.  
"Eggs are indigestible," the landlord tells you in rural New England, and offers you fried beefsteak and salted as a substitute. "Don't raise 'em round here except accidental like," was the report of a western landlord, while in the south delicious fried chicken may be had, but how seldom the egg, the beginning of all chickens.

"They're not substantial enough," is the verdict in other directions. "If I could afford them, I don't suppose the boys would think they had made a meal unless they ate five or six."

For this conclusion she herself is probably responsible. If "the boys" had been taught in the beginning that the amount of nourishment in an egg is equivalent to a quarter of a pound of cooked beef, they would have learned to feel that four could hardly be essential, and that two were really a good meal. As to their indigestibility, it is not the egg that is in fault, but the manner of cooking it and the variety of incongruities that are taken with it. We boil and fry and turn out heady soups when required, but know few of the possibilities of really well prepared eggs. The poorest peasants of southern Europe, France, Spain, Italy, Greece, can prepare an omelet, juicy, savory and light, or serve you eggs in a dozen other ways, and follow their example; dispense with the inordinate amount of meat we eat, and thus with some of the diseases produced by too much meat, and make breakfast less of a problem to the anxious housekeeper. With fresh fruit, sweet or grained or some other form, good coffee and eggs, there is certainly both variety enough and nourishment enough for even a hard working man, and the cost at most is no more than that of meat, and for much of the year far less—Helen Campbell.

Her Side of the Question.  
Still there is one condition on which they, even they themselves, will go bareheaded to the theatre, will compromise on a Spanish lace scarf about the head, on a low bonnet, on a Marie Stuart cap, on nothing. They will take the time and trouble to dress their hair before going, they will offer themselves an obligation to curiosity to the extent of letting the women behind them gloat over the special defect of their eked out back hair, they will hold their best hats in the lap the evening long, they will sacrifice the scene of the play, be it the first of Woden playing about Brunnhilda, for the sake of getting to the check room in time to find their cloaks and reach the cars; they will meet any and every demand in relation to the high hat—as we say.

The condition is far simpler than anything proposed to them. It is merely that the male part of the audience shall keep their seats throughout the action of the play, that they shall not be allowed to go stepping and striding and pushing and speeding past the female part of the audience in order to get out between the acts, obliging every woman either to be stepped over or else to gather her cloak, her furs, her scarf, her muff, her programme, her opera glass, and erect herself and push back her seat, and clutch her properties again as she holds them breathless for another rise when the musicians come back and oblige her to do it all over again, and have their breath blown in her face the while. These women say, then, that when managers make a regulation obliging men who wish to go out between the acts to take certain seats by themselves they will acquiesce in one obliging them to sit without their bonnets; and it is their belief that when no man in the theatre forces a lady to endure this annoyance and outrage every lady in the house will be willing to leave her bonnet at home.—Harper's Bazar.

Comfort for the Mother Heart.  
It is so little we can really do for one another in the march of life. We are all under marching orders and have burdens to carry. There is no halt for noontime dreams nor twilight rest. It is step, step, step right forward through dust and commonplace, without music or banners or present glory, and yet God has given to each soldier a caution full of ever falling water, a cup of which may prove with no fear of a diminished store all the way through to the end of the long march to the sea. Is our comrade tired and discouraged? Do his feet fail and his heart grow heavy? A tender word, a smile, a thoughtful suggestion born of helpful love, will revive him like sparkling water in the desert heat. Is the mother heart, that makes the beauty of our home, hushed and well nigh crushed to earth with accumulated cares? Do the sweet eyes sometimes grow cloudy with shadows and the dear tones fall, like the notes of a ruffled bird?

Oh, see to it, children, that you surround her with loving words, that shall fly into her heart like white doves flocking home to rest! Kiss her, love her, comfort her. So doing, you will revive and uplift her as showers uplift the flowers, so that her way shall brighten like a landscape in the rain. And by and by, when her gentle presence shall have vanished from your home, when the grave shall have hushed her tired heart in its long repose, you will be so glad to remember that you never withheld this expression of your love.—"Amber" in Chicago Journal.

Delightful Little Tables.  
A college girl makes delightful little tables, useful and artistic, by using as supports two saw horses, with a table top of plain board. The horses are painted black and etched with gold paint, the table top is covered with cloth or felt, plain and simple, bearing in the corner the owner's initial or college colors knotted into a loose bow knot.—New York Graphic.

Women as Clerks.  
A citizen who knows Wall Street, informs us that women are very popular as clerks and copyists in that neighborhood, because clerks are not afraid of their divulging the secrets of the shop. They can be trusted better than can be the ambitious male employees not to give away "points"—Public Opinion.

Mme. Isabel, the famous Bond street milliner, was a graduate of Gorton; another successful milliner was known as Lady Granville Gordon before she became a London milliner.

Scrap baskets are made of birch bark, the borders finished with strips of young birch, twisted into the desired shape and held in place by huge rows of ribbon.

A piece of zinc placed on the coal of a hot stove will clean out the stovepipe. The vapor produced carries off the soot by chemical decomposition.

The yolk of one egg, three drams of glycerine and fifteen grains of carbolic acid make an excellent mixture for softening the hands.

Vienna bread such as we have here is understood to be materially different from that they enjoy in Austria.

Bent whalebone can be restored and used again by simply soaking in water a few hours, then drying them.

Boston women call cranberry tarts "Thank-eray puffs," because they are so keen and semi-bitter.

American leather paper, in white and gold, is a popular material among London house furnishers.

## Maurice Kain

—DEALER IN—  
WINES AND LIQUORS.

On Main St., Opposite First Nat'l Bank.  
Charlestown - - - West Virginia

Keeps constantly on hand the best of wines and whiskey. Mixed drinks a specialty.  
Feb. 20, 1887.

AUGUST SCHULTE, F. L. PEDREUX, Jr.  
Painters.

## New Carriage Factory.

CHARLESTOWN, JEFFERSON CO.  
WEST VIRGINIA.

We, the undersigned, have entered into a Co-Partnership for the purpose of manufacturing

Carriages, Buggies, Phaetons,  
Dayton and Other Pleasure Wagons.

Spring Wagons, Dog Carts, Sulkies, Stages, in as the style as can be done anywhere in the Union, at moderate prices. Being practical mechanics, we will be enabled to do all work on correct, systematic principles, producing work more durable and handsome.

REPAIR WORK A SPECIALTY.  
Mr. THOMAS A. RYAN, an expert workman, has charge of the wood-working Department.

Mr. JOHN E. HILBERT, a well known mechanic, is in charge of the Blacksmithing Department.

Hoping to receive a fair share of your patronage, we pledge ourselves to give you value received.

SCHULTE & PEDREUX.

Shops on Blooming Turnpike, 2 Squares from Main St.  
Jan. 30, '85—14.

## New and Attractive Goods FOR THE HOLIDAYS

—At the store of—  
**GUS. BROWN!**

A grand display of  
**TOYS!**

Such as Dolls, Games, Books, Toilet Sets, Cups and Saucers, Mugs, Rubber Toys, Plush Cases, Work Boxes, Writing Desks, Tin and Iron Toys, Tea Sets, Biscuits, daskets, Wagons, Velocipedes, Slides.

Unadorned as usual, will be found at my store. Whitman's Superfine Confections, Iron Buns and Chocolates, Several different kinds of Fresh and Plain Mixtures. Sunday Schools are invited to get prices before buying elsewhere.

FRUITS AND NUTS  
Just received a large supply, all fresh and fine, and sold at prices to suit the times.

CAKES  
Plain and Ornamental Cakes always on hand.

OYSTERS  
Received daily, larger than ever. Have always on hand two kinds. Solid measure and cheap. Leave your orders. An early inspection is kindly requested. Thankful for past patronage, and hoping to merit a continuance, I am respectfully,  
dec'd-86. **GUSTAV BROWN.**

## JAMES W. BUTT

Keeps nothing but the best of everything in the line of

Stoves & Tinware,

—AND MAKES—  
A SPECIALTY

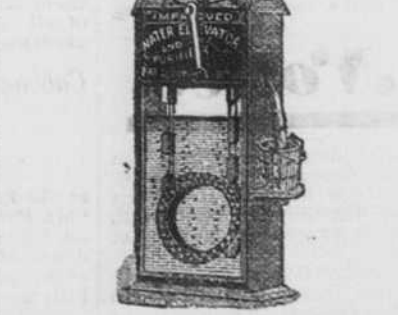
ROOFING & SPOUTING  
I always use smaller size tin in Roofing. Why do I use it? It takes double the work, double the solder and more tin to the square than larger sheets. Call and see at my place of business.

ALI I ASK is that the public will come and see my goods, and I know they will buy; for my stock is complete, my goods the best that can be had and my prices are as low as I can put them not to lose money. Articles in stock are to be returned to be enumerated, but call at my

SALES ROOMS  
**North Charles St**  
CHARLESTOWN, W. VA.

and I promise to please you. Very respectfully,  
an. 9/5-14. **JAMES W. BUTT.**

Smith's Improved Water Elevator.



HAVING purchased the County Right to sell SMITH'S IMPROVED WATER ELEVATOR, AND PUMP, the only practical Water Purifier and Elevator combined. Perfectly simple, and easily adjusted to any

Well or Cistern.  
Will not Freeze, and will surely last three times as long as any other Pump. Will positively purify Cisterns and Wells, removing all bad taste and smell from stagnant water.

Best most simple and durable structure for raising water on the American market. Over 40,000 now in use. For sale at the

Foundry and Machine Shops  
OF WEIRICK & WELLER,  
Charlestown, W. Va.  
apl. 10, '87-14.

WANTED.  
To buy wild lands in West Virginia. Give full description and price.  
LOCK BOX 706,  
Pittsburg, Pa.

## The People's Popular Jewelry Store

W. L. JONES,  
People's Nat'l Bank Building,

24 QUEEN ST.,  
MARTINSBURG, W. Va.

Makes a Specialty of FINE JEWELRY, of every description, such as

Watches, Chains, Rings, Necklaces, Bracelets.

Also a beautiful Line of French and American Clocks. Silverware in great variety. ENGRAVING executed in the most Artistic Manner. REPAIRING done in the Best of Style. MUTILATED COIN BOUGHT. Old Silver Exchanged or Made into New. When you visit MARTINSBURG, I cordially invite you to call.

W. L. JONES,  
MARTINSBURG, WEST VIRGINIA.

## CREAMERY SUPPLIES

My new illus. Catalogue and Price List, containing valuable information for Creamery men and all interested in BUTTER FACTORIES, sent Free on application. ESTIMATES GIVEN FOR COMPLETE OUTFITS.

Churns, Cabinet Creameries, DAIRY FIXTURES—Butter Workers, Butter Printers, Butter Shipping Boxes, etc.  
**A. H. REID, 1635 Barker St., Philadelphia, Pa**  
may 12-cow-4

## G. E. HUGHES,

DEALER IN

All Kinds of FURNITURE,

CARPETS, PICTURE FRAMES, BRACKETS, &c.

CHARLESTOWN, W. V. A.  
(Jan. 9, '85-14.)

Washington & Alexander

INSURANCE AGENCY,  
Office in Gibson Building  
CHARLESTOWN, W. VA.

REPRESENT the following Companies:  
Jefferson County Mutual Fire Ins. Co.

ETNA OF HARTFORD,  
the largest and most popular Company in America.

EQUITABLE LIFE INSURANCE SOCIETY OF UNITED STATES.

HARTFORD LIFE AND ANNUITY OF Hartford.

HOME OF New York.

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CONTINENTAL OF New York.

AMERICAN OF Wheeling.

PEABODY OF Wheeling.

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LIVERPOOL AND LONDON AND GLOBE OF England,

the largest foreign Company doing business in America.

We have made arrangements to insure property against "Tornadoes in Action" of Hartford, Continental of New York; and Peabody, of Wheeling, W. Va. Where parties desire this, on application, a special policy will be granted, and an additional rate charged for same.

—AGENTS—  
J. S. FLEMING, Shepherdstown.  
C. L. BARNHART, Duffields.  
JAS. W. LEAGUE, Middleway.

A sworn statement of the conditions of all Foreign Insurance Companies represented in this AGENCY will be found at the Clerk's Office, in compliance with State laws. All losses promptly adjusted and paid at our Office.

WASHINGTON & ALEXANDER, Agents  
Jan. 9, '85-14.

If you are Hungry and get the money to spend call at Wall & Dorsey's.

## W. S. MERCHANT,

The People's  
**GROCERY,**  
Main St., Charlestown, West Va.

Keeps on hand Fresh Meats of all kinds—  
BEEF, MUTTON, VEAL,  
Country Hams, Shoulders, Middlings, Dried Beef,  
Home made Bologna Sausage, Mackerel by the lb. 1/2 lb. and by the kit; salted Herring by the barrel and in small quantities to suit buyers.

GROCERIES!  
A full line of Groceries, consisting of white and brown sugars, molasses—30, 40, 50 and 70 cents per gallon—coffee, loose roasted and in packages; prunes, peaches, dried apples, all kinds canned fruits, eating and seed potatoes, tobacco, segars, soaps of all kinds, Rabbit's soap 5 cts. per cake.  
Thanking my patrons for their kind treatment in the past, I solicit a continuation of the same.  
may 7, '86-14. **W. S. MERCHANT.**



W. J. McDonald.

In returning thanks to you for my miraculous cure of eczema or salt rheum, I deem it advisable to give you a detailed account of my case, and as there is, and always will be, a prejudice against advertised remedies, you have my consent to publish this testimonial, and all inquiries, by letter or in person, I will cheerfully answer. I do this that people who go on year after year paying out large sums of money to incompetent physicians and receive no cure, or even relief, or end in filling a premature grave, as was nearly my case, may be induced to make trial of the wonderful CUTICURA REMEDY.

At the age of three months a rash made its appearance on my face. A physician was called; he said "teething" was the cause; he prescribed some cooling medicine, but the sores spread to my ears and head. Another M. D. was called. He professed to know all about the case, called it "King's Evil," and prescribed gunpowder, brimstone and lard mixed into a salve, but the disease continued. They could not do anything with it. Another prescribed borax water and flour; another, linseed poultices. None of them did me any good at all, but made me worse. The disease continued unabated; it spread to my arms and legs. I was laid up entirely, and from continual sitting on the floor on a pillow my limbs contracted so that I lost all control of them, and was utterly helpless. My mother would have to lift me out and into bed. I could get around the house on my hands and feet, but I could not get my clothes on at all, and had to wear a sort of dressing gown. My hair had all matted down or fallen out, and my head, face and ears were one sear, and I had to have a towel on my head all the time in the summer to keep the flies off. My parents consulted a prominent physician and surgeon here in Chicago; the other physicians before mentioned were of Dundas and Hamilton, Canada; he said he could do nothing for me, that the chances were that I would grow out of it, or that it would strike inwardly and kill me in time. He wanted to cut the sinews of my legs so that I could walk, but I would not let him, for if I did better I would have no control of them.

The disease continued in this manner until I was seventeen years old, and one day in January, 1879, in the Chicago Tribune, I read an account of your medicines. They described my case so exactly that I thought, as a last resort, to give them a trial.

When I first applied the CUTICURA, I was all raw and bleeding from scratching myself, but when I applied it I went to sleep almost immediately, something I had not done for years, the effect was

so soothing. The first morning after using it my flesh had no skin on the end of my nose; it was a pink color. Next day it was kind of white, and I could place my hands on the sores without it being painful. In about two weeks I could stand straight, but not walk. I was so weak, but my sores were nearly well. Then I commenced the use of the CUTICURA RESOLVENT, and in three days I was from two to four days they burst and left a small scale, which dropped off and left the spot pure and the skin white, and as near as I can judge I was cured in about six to eight weeks, and up to this date (5. c. from January, 1879, to January, 1887, I have not been sick in any way, nor have I had the least signs of the disease reappearing on me. I have an excellent appetite, have the very best of health. My limbs are straight, supple and strong. I have been exposed to all sorts of weather without the least signs of the disease yet. The only difference I find in myself is that my skin is finer, softer and not so liable to get chapped as is other persons.

No doubt many persons will not believe this almost incredible story; many will think it grossly exaggerated. I don't blame them a bit if they do, but to satisfy themselves they can call or write to me and find out if what I have written above is true or not. There are many persons who can testify to the wonderful cure I have received by your CUTICURA REMEDIES.

Gentlemen, let me just again thank you for my cure.  
W. J. McDONALD,  
3752 Dearborn Street,  
CHICAGO, ILL., Jan. 30, 1887.

Nothing is known to science at all comparable to the CUTICURA REMEDIES in their marvelous properties of cleansing, purifying and beautifying the skin, and in curing torturing, disgusting, itching, scaly and pimply diseases of the skin, scalp and blood, with loss of hair.

CUTICURA, the great Skin Cure, and CUTICURA SOAP, an exquisite Skin Beautifier, prepared from all-externally, and CUTICURA RESOLVENT, the new Blood Purifier, internally, are a positive cure for every form of skin and blood disease, from pimples to scrofula.

Sold everywhere. Price: CUTICURA, 50 cents; SOAP, 25 cents; RESOLVENT, \$1.00. Prepared by the POTTER DRUG AND CHEMICAL CO., Boston.

Send for "How to Cure Skin Diseases," 26 pages, 50 illustrations, and 100 testimonials.

## WEIRICK & WELLER,

IRON FOUNDERS AND MACHINISTS,  
—DEALERS IN—  
Agricultural Machinery, Plows and Castings.

ORDERS SOLICITED.

After a quarter of a century of toil and experience in our business, and just at this period, we take occasion to return our thanks to our old friends and customers for their liberal patronage, and solicit a continuance of the same, with the aid of many new customers. Our long experience in business has enabled us to purchase Machinery and Tools suitable for every kind of work, and we have in employ the very best mechanical skill and talent to execute.

OUR MACHINE SHOP.  
In our Machine Shop we are prepared to rebuild Portable and Stationary Engines of all descriptions, Bore Out Cylinders, Make and Fit Up Rods, Pistons, Boxes, Heaters, Pumps, Stop-Cocks, Valves, put on patches, New Grates and Flues, New Fire Boxes and Fronts. Are prepared to Make and Turn all kinds of Mill Work, Spindles, Shafts, Pulleys, Wheels, Large Screws for Hoisting, Fit Up Mandrill and Boxes, &c., for Saw Mills, Repair Machines, and all kinds of Agricultural Machinery.

OUR FOUNDRY.  
In our Foundry we are prepared to do all kinds of work, and have added many important improvements, to facilitate our work, and make First-Class Castings. We have in stock a large amount of Patterns, such as Mill Gearing, Saw Mill Patterns, Patterns for Machinery of all kinds, Grate and Engine Fronts, Plow and Stove Castings.

OUR SMITH SHOP.  
In our Smith Shop we only have to say that we have Tools and Equipments for any and every kind of work.

Our long acquaintance with the manufacturers and dealers in all kinds of material, enables us to buy the BEST AT THE LOWEST PRICE, which gives a DECIDED ADVANTAGE, and would say that we can purchase most anything needed. In so-fitting your patronage, we guarantee satisfaction as to prices, quality of material and workmanship. Call and see us, or send in your orders. All communications by mail will have our best attention. Give us a trial, and we are satisfied you will be pleased with the result.

—(o)—  
FOR SALE.

Our New and Improved Light Sulphur Plow.  
Our Chimney Caster Box (Cast Iron) something new.  
Castings for Building Piers, Weights, Washers, Grates, Window Covers, TO SUIT PURCHASER.—One Large Four-Horse Wagon; one Portable Steam Engine; one Portable Saw-Mill; one Broad Road Log Wagon.

With many thanks for the past, and bright hopes for the future, we are  
RESPECTFULLY,  
**WEIRICK & WELLER.**  
apl. 27, '87-14.

A SECOND-HAND  
TWO-HORSE WAGON,  
for sale cheap, by  
T. P. LIPPITT.

WANTED TO BUY.  
A HORSE of fair size, 4 to 7 years old.  
T. P. LIPPITT.